




Name		Group		 TUBE LENGTH MINIMUM 17.5cm SOLVENT VOLUME	
Grant or Account					
Personal Code (to match lab book)		Date			
		Lab			
Name of compound (if known)		Phone			
		Email			
Structure if known (Paste from other software if required)		Sample Mass			
		Molecular mass			
		Mixture?			
		Solvent			
		Other relevant information			
<sup>1</sup> H		COSY		Shift range/Other experimental details	
<sup>13</sup> C		HSQC			
DEPT		HMBC		Install Topspin	Access Data
<sup>11</sup> B		TOCSY			
<sup>19</sup> F		NOESY			
<sup>31</sup> P		ROESY			

**Safety and Hazard  
Information**

 Please indicate where appropriate  
if hazards are known

Carcinogenic	<input type="checkbox"/>
Toxic Vapours	<input type="checkbox"/>
Lachrymatory	<input type="checkbox"/>

Poisonous	<input type="checkbox"/>
Corrosive	<input type="checkbox"/>
Stench	<input type="checkbox"/>

Other Hazard

**Sample Submission: Email form as a PDF to [nmr-submission@ch.cam.ac.uk](mailto:nmr-submission@ch.cam.ac.uk)**

 Please leave your NMR tube in the IN rack located in the cold room lobby. Ensure your tube is a Wilmad 528-PP of the correct length; non-standard tubes will not be run. Please fill in the safety information! Fill in the molecular weight and weight of sample so we can choose which instrument is best for you. Good results start with careful preparation – use the solvent volume depth guide above and avoid floating impurities. If you have a question email one of the NMR team. **You can collect the tube from the OUT rack when you confirm the result is acceptable.**